



Fresh Eats

CAFETERIA

Brockway Elementary School

April Lunch Menu

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Weekly Feature	Monday	Tuesday	Wednesday	Thursday	Friday
Build Your Own Pizza Munchable W/Cookie		Walking Tacos W/Bread Stick Fresh Broccoli Diced Peaches Fat Free Milk Choice 1	Spaghetti & Meatballs W/Roll Steamed Corn Mandarin Oranges Fat Free Milk Choice 2	Popcorn Chicken Bowl Mashed Potatoes Raisin Fat Free Milk Choice 3	Toasted Cheese W/Soup BBQ Baked Beans Blueberries Fat Free Milk Choice 4
Ham & Cheese Munchable W/ Lucky Charms & Yogurt	Salisbury Steak W/Buttered Noodles Steamed Corn Diced Peaches Fat Free Milk Choice 7	Beef Nachos W/Cheese Sauce Steamed Carrots Sliced Pears Fat Free Milk Choice 8	Macaroni & Cheese Cucumber Slices Apple Fat Free Milk Choice 9	Chicken Broccoli Alfredo W/Bread Celery Sticks Fresh Banana Fat Free Milk Choice 10	Perogies W/Dinner Roll Steamed Pea Mixed Fruit Fat Free Milk Choice 11
Nacho Munchable W/ Cheese, Salsa, & Cookie	French Toast Sticks W/Sausage Tater Tots Mandarin Oranges Fat Free Milk Choice 14	Beef Walking Taco Refried Beans Peaches Fat Free Milk Choice 15	Pepperoni Pinwheels Baked Beans, Apple Slices King Candy Krispy Treat Fat Free Milk Choice 16	Chicken & Gravy Biscuit Bowl Mashed Potatoes Fresh Banana Fat Free Milk Choice 17	NO SCHOOL EASTER VACATION 18
Build Your Own Pizza Munchable W/Cookie	NO SCHOOL EASTER VACATION 21	Loaded Chicken Tatchos Romaine Salad Sliced Peaches Fat Free Milk Choice 22	Spaghetti & Meat Sauce W/Bread Steamed Carrots Mandarin Oranges Fat Free Milk Choice 23	Popcorn Chicken Bowl W/Bread Mashed Potatoes Apple Sauce Fat Free Milk Choice 24	Meatball Hoagie W/Cheese BBQ Baked Beans Diced Pears Fat Free Milk Choice 25
Ham & Cheese Munchable W/ Lucky Charms & Yogurt	Salisbury Steak W/Buttered Noodles Steamed Corn Red Delicious Apple Fat Free Milk Choice 28	Beef Walking Tacos Refried Beans Sliced Peaches Fat Free Milk Choice 29	Macaroni & Cheese W/Bread Stick Steamed Carrots Pineapple Fat Free Milk Choice 30	Welcome To Candy Land April 16th	Offered Every Friday During Lent Crispy Fish Fillet Sandwich
Nacho Munchable W/ Cheese, Salsa, & Cookie	Monday Daily Feature: Crispy Chicken Sandwich Caesar & Grilled Chicken Salad Smucker's Uncrustable PB&J	Tuesday Daily Feature: Corn Dog Nuggets Turkey & Cheese Salad Smucker's Uncrustable PB&J	Wednesday Daily Feature: Chicken Nuggets W/Bread Caesar & Grilled Chicken Salad Smucker's Uncrustable PB&J	Thursday Daily Feature: Cheeseburger On Bun Ham & Cheese Salad Smucker's Uncrustable PB&J	Friday Daily Feature: Cheese Or Pepperoni Pizza Breaded Chicken Salad Smucker's Uncrustable PB&J

PLUS:

WHAT MAKES A MEAL?

You must choose at least 3 of 5 components for the school lunch price:

- Choice of Meat or Meat Alternative
- Choice of Vegetable + Choice of Fruit*
- Choice of Grain/Bread + Choice of Milk

*Students must choose at least one fruit or vegetable

DAILY MILK CHOICES:

Low Fat White, Fat Free White, Chocolate, Strawberry

FRESH VEGETABLES & FRUIT OFFERED DAILY:

Broccoli Florets	Crisp Apples
Baby Carrots	Bananas
Celery Sticks	Sliced Peaches
Fresh Bell Peppers	Red Delicious Apple
Cucumber Slices	Diced Pears
Cherry Tomatoes	Red & Green Grapes