



# MySchoolHealthNow

## Virtual Doctor Visits

**Penn Highlands Healthcare is excited to be working with the Brockway Area School District to offer parents and students a new option for pediatric care, MySchoolHealthNow.** Through high-definition telemedicine video and communications equipment, the school nurse can connect with a Penn Highlands physician for evaluation. This will make healthcare for children more convenient and accessible, avoid delays in treatment and enhance learning by decreasing absenteeism.

### HOW DOES THIS PROGRAM WORK?

With the parent's consent, a physician from Penn Highlands will perform an assessment alongside the school nurse. The school nurse will first evaluate the student in person. If the nurse determines the child could benefit from further evaluation, they will contact the parent to obtain verbal consent to proceed with a telemedicine visit and invite them to participate if available. The physician will complete an assessment of the student. The school nurse will assist the physician during the evaluation through the use of special equipment. The provider will have the ability to listen to heart and lungs with a digital stethoscope. The physician can closely examine the student's ears, throat, rash or abrasions with high-definition cameras.

Upon completion of the evaluation, the physician will give instructions for follow-up care and submit an

order to your pharmacy of choice for prescription medications, if needed. A record of your child's visit will be kept in their medical record at Penn Highlands for future reference.

### WHO IS ELIGIBLE?

All students in the Brockway Area School District are eligible to enroll in the school-based telemedicine program.

### WHAT ARE EXAMPLES OF CONDITIONS THAT COULD BE EVALUATED?

- Earaches
- Fever
- Coughs and colds
- Rashes and minor skin infections
- Abrasions and scrapes
- Strep throat and Influenza
- Headaches
- Pinkeye

There are medical needs that will require an in-person evaluation by a medical provider. You may be asked to schedule an appointment with your child's primary care physician directly if evaluation by telemedicine is not sufficient for diagnosis.



**OPTIONAL SERVICE FOR BROCKWAY AREA  
SCHOOL DISTRICT FAMILIES**

[www.phhealthcare.org/myhealthnow](http://www.phhealthcare.org/myhealthnow)





# MySchoolHealthNow

## Virtual Behavioral Health Visits

**Penn Highlands Healthcare is excited to be working with the Brockway Area School District to offer parents and students a new option for Behavioral Health care, MySchoolHealthNow.**

Telemedicine is a way for your child to see and talk to their psychiatrist without having to leave school. This program is intended for students that follow with one of our Penn Highlands psychiatrists. If interested in enrolling your child in this program, please follow the steps below.

1. Enrollment packets can be picked up at the nurse's office. Ensure all consents are complete and returned to the school nurse.
2. Call Penn Highlands Behavioral Health office at 814-375-6379 and request your child's appointment be switched to a School-Based Telemedicine visit.
3. On the day of the appointment, your child will follow their typical routine at school. At the time of the visit, the school nurse will gather your child from their classroom and take them to the nurse's office.

Once there, vitals will be completed, which includes blood pressure and pulse. After, your child will be directed to a safe, secure and private room for their appointment with their psychiatrist. They will have a confidential, discreet visit. Once the visit is complete, the school nurse will direct/instruct child to return to class.

*If appropriate, parents will be offered to attend the visit virtually.*

