

Director of Food & Nutrition
Daniel Pinchock | Phone: 814.715.4937 | Email: brockway@thenutritiongroup.biz



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Thank a teacher who has made a difference for you.</p>				
<p>5 French Toast & Sausage Or Turkey & Cheese Wrap</p> <p>Diced Potatoes Fresh Celery Sticks Diced Peaches</p>	<p>6 Italian Stromboli Or Pierogies W/Bread</p> <p>Sweet Potatoes Sliced Cucumbers Fresh Apple Slices</p>	<p>7 Pasta W/Meatballs Or Chicken Quesadilla</p> <p>Refried Beans Sliced Cucumbers Fresh Apple Slices</p>	<p>1 Popcorn Chicken Bowl Or Ham & Cheese Wrap</p> <p>Mashed Potatoes Fresh Celery Sticks Pineapple Tidbits</p>	<p>2 Buffalo Chicken Dip Or Fish Sandwich</p> <p>Steamed Carrots Mixed Pepper Slices Blueberries</p>
<p>12 General Tso Chicken Or Ham & Cheese Stromboli</p> <p>Steamed Broccoli Mixed Pepper Slices Pineapple Tidbits</p>	<p>13 BBQ Pulled Pork Fries Or Fiestada Pizza</p> <p>Baked Beans Fresh Celery Sticks Diced Pears</p>	<p>8 Popcorn Chicken Bowl Or BBQ Rib Hoagie</p> <p>Mashed Potatoes Mixed Pepper Slices Petite Banana</p>	<p>14 Nashville Hot Sandwich Or Italian Dunkers W/Sauce</p> <p>Sweet Potato Fries Cucumber Slice Peaches</p>	<p>9 Grilled Cheese W/Soup Or Dumplings W/Sauce</p> <p>Steamed Broccoli Sliced Cucumbers Fresh Apple Slices</p>
<p>19</p>	<p>20</p>	<p>21</p>	<p>15 Popcorn Chicken Bowl Or Breaded Cheese Sticks</p> <p>Mashed Potatoes Romaine Garden Salad Applesauce</p>	<p>16 Grilled Cheese W/Soup Or Chicken Fajita Flatbread</p> <p>Tator Tots Baby Carrots Fresh Orange</p>
<p>26</p> <p> MEMORIAL DAY NO SCHOOL</p>	<p>27</p>	<p>28</p>	<p>22</p>	<p>23</p>

THE PIZZERIA

- OFFERED DAILY
- Cheese Pizza
 - Pepperoni Pizza
- OFFERED WEEKLY
- Hot Honey Pizza
 - Buffalo Chicken Pizza
 - BBQ Chicken Pizza
 - White Margarita Pizza
 - Nashville Hot Pizza
 - Taco Pizza

THE GRILL

- OFFERED DAILY
- Crispy Chicken Sandwich
 - Spicy Chicken Sandwich
 - Cheese Burger On Bun
 - Steak & Cheese Hoagie
- OFFERED WEEKLY
- BBQ Rib Sandwich
 - Grilled Chicken Sandwich

GRAB N' GO

- OFFERED DAILY
- Popcorn Chicken
 - Corn Dog Nuggets
 - Chees Sticks W/Sauce
- Warm Fresh Baked Cookies
- Assortment Of Baked Chips
- Rice Krispie Treats
 - Welches Fruit Snacks
 - Cheez-its
- Variety of Hershey Ice Cream

WHAT MAKES A MEAL?

You must choose at least 3 of 5 components available for the school lunch price.
Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread, and Choice of Milk
*Students must choose at least one fruit or vegetable

MILK OPTIONS

Fat Free White, 1% White, Fat Free Chocolate, Fat Free Strawberry

FRUIT & VEGGIE OPTIONS

Broccoli Florets | Baby Carrots
Dark Leafy Greens | Legume Salads
Celery & Cucumber
*May choose two 1/2 cup servings
Crisp Apple | Sliced Peaches | Mixed Fruit
Fresh Orange | Banana | Pineapple Tidbits
Diced Pears | Applesauce

*K-8 may choose up to 1/2 cup serving.
9th-12th may choose two 1/2 cup servings

SALAD OPTIONS MAY INCLUDE:

- Breaded Buffalo Chicken Salad
- Crispy Chicken Salad
- Chicken Caesar Salad
- Chef Salad W/ Turkey & Ham
- Chicken Taco Tortilla Salad
- Garden Salad W/ Egg & Cheese
- Ham & Cheese Salad
- Italian & Chees Salad
- Oriental Chicken Salad
- Popcorn Chicken Salad



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Offered Every Friday During Lent Crispy Fish Sandwich	1 Walking Tacos W/Cheese Corn Dog Nuggets BBQ Baked Beans Fresh Broccoli Applesauce	2 BBQ Pulled Pork Fries BBQ Chicken Sandwich Baby Carrots Cucumber Slices Pineapple	3 Chicken Gravy Biscuit Bowl Hot Sicilian Hoagie Mashed Potatoes Celery Sticks Raisins	4 Toasted Cheese W/Soup Mac & Cheese W/Bread Steamed Green Beans Cherry Tomatoes Mandarin Oranges
7 BBQ Pulled Pork Buffalo Chicken Wrap Steamed Broccoli Baby Carrots Diced Peaches	8 Salisbury Steak W/2 Bread Turkey & Cheese Wrap Steamed Corn Fresh Broccoli Sliced Pears	9 Buffalo Chicken Dip Ham & Cheese Wrap Cucumber Slices Fresh Bell Peppers Fresh Apple	10 Popcorn Chicken Bowl Tuna Salad Sandwich Mashed Potatoes Celery Sticks Fresh Banana	11 Penne Alfredo W/Bread Pierogi W/Bread Green Beans Cucumber Slices Mixed Fruit
14 French Toast W/Sausage Italian Hoagie W/Cheese Sweet Corn Celery Sticks Craisins	15 Walking Taco W/Cheese Nashville Hot Chicken Refried Beans Cherry Tomatoes Apple Slices	16 General Tso Chicken Grilled Chicken Wrap Cucumber Slices Baby Carrots Pineapple Tidbits	17 Chicken Gravy Biscuit Bowl Tuna Salad Sandwich Mashed Potatoes Fresh Broccoli Diced Pears	18 NO SCHOOL EASTER VACATION
21 NO SCHOOL EASTER VACATION	22 Loaded Chicken Tatchos Fiesta Pizza Romaine Side Salad Fresh Bell Peppers Sliced Peaches	23 BBQ Pulled Pork Fries Stoppo Nachos W/Bread Sliced Cucumbers Fresh Cauliflower Pineapple Tidbits	24 NFL DRAFT BONELESS WING BAR Cheese Dogs On Bun French Fries Cucumber Slices Diced Peaches	25 General Tso Chicken Turkey & Cheese Hoagie Green Beans Celery Sticks Applesauce
28 Macaroni & Cheese Ham & Cheese Wrap Steamed Broccoli Cherry Tomatoes Fresh Orange	29 Salisbury Steak W/Gravy Turkey & Cheese Wrap Steamed Corn Baby Carrots Sliced Peaches	30 Chicken Alfredo W/Bread Italian Wrap W/Lettuce Steamed Carrots Fresh Broccoli Pineapple	<h1>Earth Day</h1> <p>Cutting down on wasted food preserves the planet's resources.</p>	

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ALTERNATE MENU OPTIONS

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- Crispy Chicken Salad
- Chicken Caesar Salad
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- Chicken Taco Tortilla Salad
- Garden Salad W/ Egg & Cheese
- Ham & Cheese Salad
- Italian & Chees Salad
- Oriental Chicken Salad
- Popcorn Chicken Salad